

2017 ANNUAL SWPONL CONFERENCE

# NURSE LEADERS

## MANAGING THE PRESENT, ANTICIPATING THE FUTURE

AUGUST 31 – SEPTEMBER 1, 2017

NEMACOLIN WOODLANDS RESORT



SOUTHWESTERN PENNSYLVANIA ORGANIZATION OF

*Nurse Leaders*

Dear Colleagues:

I am very excited and honored to welcome you to the 38<sup>th</sup> Annual Southwestern Pennsylvania Organization of Nurse Leaders Education Conference. The theme of this year's conference is **"Nurse Leaders – Managing the Present, Anticipating the Future."**

Health care is most certainly in a time of transition that is unlike any prior experience. The path to the future model of health care is complex and unclear; however, it is clear there will be change whether nurse leaders take an active role or not. This year's conference is centered on nurse leaders embracing and influencing change. Topics such as developing high performing teams, examining the opioid epidemic, delivering high levels of care now and in the future, as well as, the role of the nurse leader relating to population health will be explored. These topics and the planned speakers will offer inspirational messages and practical ideas for anticipating and embracing the changes and challenges ahead.

Our SWPONL Education Committee is to be commended for another great conference line up. They fulfill the education and networking mission of our organization by planning our networking events and annual conference. We are so grateful for all of their efforts!

In addition to the outstanding speakers, you will also have the opportunity to browse an impressive collection of poster presentations. Once again, we will host a networking event, which has grown in popularity over the past few years. The event offers you the perfect opportunity to meet and network with other nurse leaders from across our region.

Finally, I encourage you to stop by the exhibit hall to be greeted by a wide array of healthcare vendors. Let them know how much you appreciate their contributions to this event.

Thank you for your participation.

Sincerely,



*Diane*

Diane S. Hupp, DNP, RN, NEA-BC  
Chair, SWPONL

### SWPONL Mission

To support the professional development of nurse leaders through collaboration, advocacy, and education.

### SWPONL Vision

To position nurse leaders to influence the future of healthcare in Southwestern Pennsylvania.

## **SWPONL 2017 Conference Program Learning Objectives** **“Nurse Leaders – Managing the Present, Anticipating the Future”**

### **Participants will:**

- ◆ Identify strengths used to develop high performing teams in the current and future state of healthcare
- ◆ Examine the opioid crisis and the role of the nurse leader as it relates to the workplace and as an advocate to influence change
- ◆ Identify strategies to deliver high levels of health care in the present and in the future
- ◆ Describe the role of the nurse leader as it relates to population health and the future of healthcare

### **Contact Hours**

This activity will be developed in collaboration with the University of Pittsburgh School of Nursing. The University of Pittsburgh School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

## **In recognition of dedication in the planning of the 2017 SWPONL Conference**

### **Chair**

*Deborah Vehec, MSN, RN*  
Manager of Special Programs  
Bone Marrow Donor Coordinator  
ITxM, Central Blood Bank

*Regina Davin, RN, MSN*  
Associate Nurse Executive  
Washington Health System

*Robin Myers, MSN, CRNP*  
Director of Nursing Education  
UPMC Mercy

### **Education Committee**

*Denise Abernethy, MSN, RN, CEN*  
Clinical Director  
UPMC St. Margaret

*Louise Dobbins, BSN, MHA,  
FACHE*  
Director, Hospital Operations  
Allegheny General Hospital

*Evelyn Ozanich MSN, RN, CCRN*  
Director  
Cardiac Transplant, Mechanical  
Circulatory Support Program  
Allegheny General Hospital

*Heather Ambrose, DNP, RN,  
CPON, CPN*  
Director, Organizational  
Development Nursing Education  
and Nursing Research  
Children's Hospital of Pittsburgh

*Jacqueline Drahos, MSN, RN*  
Unit Director  
UPMC St. Margaret

*Aimee L. Skrtich, DNP, RN, CCRN,  
NE-BC*  
Unit Director, MICU  
UPMC Mercy Pittsburgh, PA

*Diane Cancilla, MSN, RN*  
Unit Director, Radiology  
Department  
Children's Hospital of Pittsburgh

*Laura Fennimore, DNP, RN,  
NEA-BC*  
Professor  
University of Pittsburgh

*Shelley Watters, DNP, RN, NE-BC*  
Director, Cultural Excellence  
UPMC Presbyterian Shadyside

*Lisa A. Manni, MSN, RN, NEA-BC*  
Clinical Director, Critical Care and  
Emergency Services  
UPMC Passavant

### **SWPONL**

*Linda R. Mason*  
Conference Project Manager

## Conference Details

### Networking & Poster Reception

Please join us for the **Networking & Poster Reception on Thursday, August 31, from 6:30pm – 8:30pm.** Attendees will have the opportunity to enjoy a light reception with desserts and drinks (one drink ticket will be provided for each attendee.) This is an ideal opportunity to network and catch up with old as well as new acquaintances. The reception is included in the registration and all are welcome! Due to popular request, the poster authors will be available during the reception.

### Posters

The abstracts that were accepted for posters will have their posters displayed throughout the Conference and the authors will be available for discussion during the breaks as noted in the program. The poster presentations offer a time for nurse leaders to network and share ideas about unique practice methods and solutions for a variety of healthcare settings. Poster abstracts were reviewed on the basis of original research, practice, or educational focus for a completed or in progress nursing leadership project or innovative approach.

### Exhibits

Please visit and support our sponsors and exhibitors in the exhibit hall during the conference. The exhibitors and sponsors help to support this important educational activity for SWPONL and provide an opportunity for attendees and companies to interact personally.

### Resort Activities

SWPONL attendees receive a 10% special discount on resort activities. Please make your reservations in advance to take advantage of this offer.

### Conference Registration and Fees

*Take advantage of the registration discount and register early!*

#### FULL CONFERENCE RATES

	<u>Before August 4</u>	<u>After August 4</u>
SWPONL Active Member	\$325	\$350
*Non-Member	\$450	\$475
Student	\$250	\$275

#### ONE DAY CONFERENCE RATES

SWPONL Active Member	\$175
*Non-Member	\$250
Student	\$125

**Register**

Check payments – please mail the payment with the invoice to SWPONL, 461 Cochran Road, Box 246, Pittsburgh, PA 15228. If you have any questions, please contact us at 412-344-1414 or at [lindam.kme@gmail.com](mailto:lindam.kme@gmail.com). Cancellations must be received in writing. A \$25 cancellation fee will be deducted up to August 4, 2017. No refunds can be made after August 4th for cancellations.

## **Thursday, August 31, 2017**

7:15AM – 8:30AM **Registration, Continental Breakfast with Exhibitors and Poster Session**

8:30AM – 8:45AM **Opening Remarks / SWPONL Chair Welcome**

*Diane S. Hupp, DNP, RN, NEA-BC*

Chief Nursing Officer

Vice President, Operations and Patient Care Services

Children's Hospital of Pittsburgh of UPMC

Pittsburgh, Pennsylvania

8:45AM – 10:15AM **Keynote Presentation - Using Strengths to Develop High Performing Teams**

*Joyce Batcheller, DNP, RN, NEA-BC, FAAN*

Robert Wood Johnson Executive Nurse Fellow Alumna

Nurse Executive Advisor, Leadership

The Center for the Advancement of Healthcare Professionals

AMN Healthcare

Dallas, Texas

*This presentation will discuss the benefits of knowing and using strengths of team members to develop high performing teams and discuss how emotional intelligence skills can improve overall performance. Discussion will include strategies for mentoring new leaders to assure an adequate pipeline in the future.*

10:15AM – 10:45AM **Refreshment Break / Visit Exhibits, Posters and Raffle**

10:45AM – 11:30AM **Population Health: Implications for Nurse Leaders**

*Marion McGowan, PhD*

Chief Clinical Officer

Senior Vice-President, Population Health

UPMC Health Plan

University of Pittsburgh

Pittsburgh, Pennsylvania

*Transformation towards population based models of care is at a novice status in many sectors of the healthcare system. The vagueness of the words population health present a challenge for nurse leaders who must incorporate strategies to manage care across diverse populations. This presentation offers insights on thought leader views of the changing role of nurse leaders and provides for practical examples of how to get started as a nurse leader in the transformation process.*

11:30AM – 12:30PM **Lunch / Networking**

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## Thursday, August 31, 2017 (continued)

12:30PM – 1:30PM **The Heroin and Prescription Pain Pill Epidemic**

*Ryan West, MS*

Manager, Corporate Trainings & Business Development  
Greenbriar Treatment Center  
Pittsburgh, Pennsylvania

*In 2015, more than 15,000 people in the U.S. died from an opioid overdose, and nearly half of these cases involved a prescription opioid. This presentation provides a concise overview of the opioid epidemic, and more importantly discusses what nurse leaders can do to fight back.*

1:30PM – 2:00PM **Dessert Break / Visit Exhibits, Posters and Raffle**

2:00PM – 2:45PM **PTSD: A Global and Personal Perspective**

*David Sever, RN, MSN, ACNS-BC*

Diabetic Educator  
Shea Medical Center  
Pittsburgh, Pennsylvania

*This presentation will provide an overview of Post Traumatic Stress Disorder (PTSD.) The causes, signs and symptoms of PTSD will be explored along with treatment modalities and suggested interventions. The presenter will discuss how PTSD affects nurses in dealing with staff, peers, and vulnerable patient populations. Finally, the presenter will give a view of PTSD from a personal perspective.*

2:45PM – 3:30PM **Culturally Competent Healthcare and the LGBT Community**

*Christine L. Bryan*

Director of Marketing  
Delta Foundation of  
Pittsburgh  
Pittsburgh, Pennsylvania

*Stacy Lane, DO*

Founder/Physician  
Central Outreach Wellness  
Center  
Pittsburgh, Pennsylvania

*Gary A. Van Horn, Jr.*

President  
Delta Foundation of  
Pittsburgh  
Pittsburgh, Pennsylvania

*LGBT individuals often face issues and barriers to accessing needed health services and, as a result, often experience certain health challenges at higher rates. They also face several unique health challenges including mental illness, substance use, sexual and physical violence, and HIV/AIDS.*

*In this workshop, hear how Central Outreach Wellness Center and the Delta Foundation of Pittsburgh are working together to change the conversation about LGBT health care. Also, how you can do your part to make sure that everyone is treated with dignity and respect when they visit their healthcare provider.*

3:30PM – 6:30PM **Free Time to Enjoy the Resort**

6:30PM – 8:30PM **Networking and Poster Reception**

## **Friday, September 1, 2017**

7:00AM – 8:00AM **Registration, Continental Breakfast with Exhibitors and Poster Session**

7:30AM – 8:00AM **SWPONL Updates and Passing of the Gavel**

*Diane S. Hupp, DNP, RN, NEA-BC*

Chief Nursing Officer

Vice President, Operations and Patient Care Services

Children's Hospital of Pittsburgh of UPMC

Pittsburgh, Pennsylvania

8:00AM – 9:00AM **Keynote Presentation - Action Oriented Learning as an Innovative Strategy to Deliver High-Value Nursing Care**

*Kate O'Neill, DNP, RN*

Sr. Advisor Practice, Education and Innovation

iCareQuality.US

Philadelphia, Pennsylvania

*Mobile technology is rapidly embraced by providers, yet challenges remain with limited resources, patient complexity, and reduced workforce engagement resulting in adverse events. The purpose of this educational offering is to twofold: (1) understand the principles of Action-Oriented Learning as a novel strategy that improves nursing knowledge, enhances nursing competency, and increases frontline staff engagement, and (2) leverage mobile technology tools at the point of care to build a high-reliability culture.*

9:00AM – 10:00AM **Building Future Leaders**

*Tina Graziotto*

Master Trainer & Executive Coach

Dale Carnegie Training

Pittsburgh, Pennsylvania

*The nursing industry is facing a potential shortage of nurses to take key leadership roles. It is incumbent on current Nurse Leaders to identify individuals who have the potential to take future leadership roles and develop those people into successful leaders.*

- ◆ *Understand the importance of managing the talent pipeline*
- ◆ *Identify the talent that currently exists in your organization*
- ◆ *Build a plan based on the Succession Management Model*

10:00AM – 10:30AM **Refreshment Break / Visit Exhibits and Raffle**

(program continues on page 8)

## Friday, September 1, 2017 (continued)

10:30AM – 11:30AM **Stepping Up to the Plate: Creating the Future of Nursing Through Advocacy and Board Work**

*Laura Fennimore, DNP, RN, NEA-BC*

Professor

University of Pittsburgh

Pittsburgh, Pennsylvania

*We have all heard the statement “when you want something done; ask a busy person”! Nurses are busy people who daily juggle the demands of work, family, and community activities. As members of a profession, nurses also understand the urgent needs of active participation in work that advances the future of nursing. This presentation will review current activities of the Pennsylvania Action Coalition with an emphasis on advocacy efforts within our region and how nurses may influence health care policy and practice as members of organization boards that impact the health of our communities.*

11:30AM – 12:30PM **Closing Keynote - Identifying and Responding to Employee Impairment in the Workplace**

*Ryan West, MS*

Manager, Corporate Trainings & Business Development

Greenbriar Treatment Center

Pittsburgh, Pennsylvania

*According to Quest Diagnostics Annual Drug Testing Index, more employees test positive for a substance at work on the basis of a supervisor's reasonable suspicion of impairment than any other type of drug test reason, including random and post-incident combined. Unfortunately, many healthcare leaders (1) do not know what constitutes "reasonable suspicion", (2) mistake signs of impairment for something else, or (3) are uncomfortable approaching a potentially impaired employee. This presentation provides nurse leaders with the essential skills to handle employee impairment in the workplace ethically and with confidence.*

12:30PM – 12:45PM **Announcement of Poster Award Winners, Gift Baskets and Raffle**

12:45PM – 1:00PM **Closing Remarks and Conference Adjourns**



## Conference Venue

SWPONL's 38<sup>th</sup> Annual Educational Conference will be held once again at Nemacolin Woodlands Resort due to popular demand. Located in Farmington, Pennsylvania, Nemacolin has the best of both worlds: meeting rooms that allow attendees to engage fully in the educational sessions as well as an array of activities to enjoy at your leisure.

This luxury resort on 2,000 wooded acres is one of only six hotels and resorts in the world to host Forbes Five-Star, AAA Five-Diamond lodging and dining. In addition to the internationally acclaimed Woodlands Spa, the resort offers 36-holes of championship golf on two courses – the Pete Dye designed, PGA-tested Mystic Rock and the traditional Links Course, Nemacolin Field Club, featuring the Shooting Academy, an outdoor sporting facility on 140 acres complete with 30-stations, wing shooting, a spacious lodge, and fly fishing. Nemacolin Woodlands Resort offers guests so many options that it is often referred to as 2,000 acre resort playground! Visit [www.nemacolin.com](http://www.nemacolin.com) for a complete list of available activities.

Nemacolin Woodlands Resort  
1001 Lafayette Drive  
Farmington, PA 15437  
Phone: 724-329-8555  
Check-in: 4pm / Check-out: 11am

### SWPONL Group Conference Room Rates

The Lodge: \$175 Single/Double plus taxes  
Chateau Lafayette: \$205 Single/Double plus taxes  
Reservations Phone: 1-800-422-2736  
Group code: SWPONL



All reservations must be received by **July 31, 2017** to ensure you get the discounted rate. **The special conference rate and room availability cannot be guaranteed after the July 31, 2017 cut-off date.**

## Reservations

### Special Offerings for SWPONL Conference Attendees

- Group room rate extended 3 days prior / 3 days after the conference for SWPONL attendees.
- Waived resort fee for SWPONL Conference attendees.
- Discount of 10% on activities for all SWPONL conference attendees - must be pre-planned to take advantage of this discount by calling 1-866-344-6957.
- Complimentary WiFi access in the meeting rooms and in the guest rooms.

### Resort Deadlines / Refunds

No refunds can be made for hotel cancellations made after August 1, 2017 or for no-shows.