Nurse Leaders: Building a Strong Foundation for Resiliency

2018 Annual SWPONL Conference
August 30-31, 2018
Nemacolin Woodlands Resort
Farmington, Pennsylvania
Dear Colleagues:

I invite you to attend the 39th Annual Southwestern Pennsylvania Organization of Nurse Leaders Education Conference! The theme of our conference this year is “Nurse Leaders – Building a Strong Foundation for Resiliency”.

The changing landscape of healthcare has an effect on nurse leaders as they manage such a complex environment. While most change is positive, it can take a toll. With that in mind, the SWPONL Education Committee created an amazing agenda of offerings designed to support your leadership. During the conference, you will learn about ways nurse leaders can truly thrive in these challenging times through building a foundation of resiliency.

We are excited to present a variety of topics from exploring the connection between consumer and provider expectations to examining skills necessary to optimize personal and team performance. Speakers will provide strategies to support your teams as workplace violence increases and threatens resiliency. Topics around engagement, a healthy work environment, and bringing the joy back to your practice rounds out this robust agenda.

In addition to the conference speakers, you will not want to miss the opportunity to browse the impressive collection of poster presentations. This is always a highlight of the conference. The exhibit hall is also a must see. The sponsors and exhibitors are generous in their support of this educational activity and we are grateful for that. Please take some time to thank them for their support and interact with them all at various times throughout the conference.

The networking event continues to be one of the highlights of the conference, where you can connect with other nurse leaders in the region. Part of building the foundation for resiliency is rooted in bonding with others – and this is a terrific opportunity to connect. I look forward to seeing you in August and hope that you will attend!

Sincerely,

Claire M. Zangerle, DNP, MSN, MBA, RN, NEA-BC
Chair, SWPONL

Conference Objectives

- Explore the facets of healthcare consumerism to remove the barriers for patients and their caregivers in bridging the expectations of the consumer versus the healthcare providers
- Identify strategies to handle violence in the workplace to support your healthcare team
- Examine resilient leadership skills that optimize personal and team performance
- Explore effective actions for the nurse leader to develop work-life balance
- Discuss solutions for creating a healthy work environment to prevent burnout, promote high staff engagement and to return joy to the practice of nursing
In Recognition of their Dedication in the Planning of the 2018 SWPONL Conference

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Global Online Coordinator RN-BSN Program, Assistant Professor
California University of Pennsylvania

Linda R. Mason
Conference Project Manager
SWPONL
Conference Details

Networking & Poster Reception
Please join us for the Networking & Poster Reception on Thursday, August 30, from 6:30pm – 8:00pm. Attendees will have the opportunity to enjoy a light reception with desserts and drinks (one drink ticket will be provided for each attendee.) This is an ideal opportunity to network and catch up with old as well as new acquaintances. The reception is included in the registration and all are welcome! Due to popular request, the poster authors will be available during the reception.

Posters
The abstracts that were accepted for posters will have their posters displayed throughout the Conference and the authors will be available for discussion during the breaks and at the Poster Reception as noted in the program. The poster presentations offer a time for nurse leaders to network and share ideas about unique practice methods and solutions for a variety of healthcare settings. Poster abstracts were reviewed on the basis of original research, practice, or educational focus for a completed or in progress nursing leadership project or innovative approach.

Exhibits
Please visit and support our sponsors and exhibitors in the exhibit hall during the conference. The exhibitors and sponsors help to support this important educational activity for SWPONL and provide an opportunity for attendees and companies to interact personally.

Resort Activities
SWPONL attendees receive a 10% special discount on resort activities. Please make your reservations in advance to take advantage of this offer.

Conference Registration and Fees
Take advantage of the registration discount and register early!

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Check payments – please mail the payment with the invoice to SWPONL, 461 Cochran Road, Box 246, Pittsburgh, PA 15228. If you have any questions, please contact us at 412-344-1414 or at lindam.kme@gmail.com. Cancellations must be received in writing. A $25 cancellation fee will be deducted up to August 3, 2018. No refunds can be made after August 4th for cancellations.
Thursday, August 30, 2018

7:30AM - 9:00AM  Registration, Continental Breakfast with Exhibitors and Poster Session

9:00AM - 9:15AM  Opening Remarks and SWPONL Chair Welcome
Claire Zangerle, DNP, MSN, MBA, RN, NEA-BC
Chief Nursing Officer
Allegheny Health Network
Pittsburgh, Pennsylvania

9:15AM - 10:15AM  Keynote Presentation – The Healthcare Consumer: Caring for the Modern Patient
J. Joy Gero, PsyD
Manager, Patient Relations Office
Children’s Hospital of Pittsburgh of UPMC
Pittsburgh, Pennsylvania

10:15AM - 10:45AM  Refreshment Break, Visit Exhibits, Posters and Raffle

10:45AM - 11:45AM  Hospital Based Peer Support Teams
Erica Diethorn, RN
Approved Instructor
International Critical Incident Stress Foundation
Psychiatric Emergency Nurse
UPMC Mercy
Pittsburgh, Pennsylvania

11:45AM - 12:45PM  Lunch / Networking

12:45PM - 1:30PM  How a Digital Detox and Unplugging in our Everyday Life Can Bring Us Balance
Holly Maust
Life Coach
Digital Wellness
Pittsburgh, Pennsylvania

1:30PM - 2:15PM  Dessert Break, Visit Exhibits, Posters and Raffle

SWPONL Mission
To support the professional development of nurse leaders through collaboration, advocacy and education.

SWPONL Vision
To position nurse leaders to influence the future of healthcare in Southwestern Pennsylvania.
2:15PM - 3:30PM  Advancing and Sustaining Evidence-Based Practice and Clinician Well-Being: Key Strategies to Reach the Quadruple Aim in Healthcare

Bernadette M. Melnyk, PhD, RN, APRN-CNP, FAANP, FNAP, FAAN
Vice President for Health Promotion
University Chief Wellness Officer
Dean and Professor, College of Nursing
Professor of Pediatrics & Psychiatry, College of Medicine
Executive Director, The Helene Fuld Health Trust National Institute for EBP
The Ohio State University
Columbus, Ohio

3:30PM - 6:30PM  Free Time to Enjoy the Resort

6:30PM - 8:00PM  Networking and Poster Reception

SWPONL 2019 Annual Conference
Nemacolin Woodlands Resort
Farmington, Pennsylvania
Friday, August 31, 2018

7:00AM - 8:00AM  
Registration, Continental Breakfast with Exhibitors and Poster Session

8:00AM - 8:45AM  
SWPONL Updates and Passing of the Gavel  
Claire Zangerle, DNP, MSN, MBA, RN, NEA-BC  
Chief Nursing Officer  
Allegheny Health Network  
Pittsburgh, Pennsylvania

8:45AM - 9:45AM  
Want to Increase Healthcare Performance? You MUST Tackle Harassment and Demand Inclusion  
John Lasky  
Chief Human Resources Officer  
Temple University Health System  
Philadelphia, Pennsylvania

9:45AM - 10:45AM  
Keynote Presentation - Preventing Clinician Burnout: Returning Joy to Patient Care  
Paul DeChant, MD, MBA  
Deputy Chief Health Officer  
Simpler Consulting  
San Ramon, California  
Paula Roe, FACHE  
Operational Excellence Practice Leader  
Senior Consultant  
Simpler Consulting  
The Ohio State University  
Cincinnati, Ohio

10:45AM - 11:15AM  
Refreshment Break, Visit Exhibits and Posters

11:15AM - 12:15PM  
Closing Keynote  
Paul DeChant, MD, MBA  
Deputy Chief Health Officer  
Simpler Consulting  
San Ramon, California  
Paula Roe, FACHE  
Operational Excellence Practice Leader  
Senior Consultant  
Simpler Consulting  
The Ohio State University  
Cincinnati, Ohio

12:15PM - 1:00PM  
Announcement of Poster Winners, Gift Baskets, Giveaways and Adjournment
Conference Venue

SWPONL’s 39th Annual Educational Conference will be held once again at Nemacolin Woodlands Resort due to popular demand. Located in Farmington, Pennsylvania, Nemacolin has the best of both worlds: meeting rooms that allow attendees to engage fully in the educational sessions as well as an array of activities to enjoy at your leisure.

This luxury resort on 2,000 wooded acres is one of only six hotels and resorts in the world to host Forbes Five-Star, AAA Five-Diamond lodging and dining. In addition to the internationally acclaimed Woodlands Spa, the resort offers 36-holes of championship golf on two courses – the Pete Dye designed, PGA-tested Mystic Rock and the traditional Links Course, Nemacolin Field Club, featuring the Shooting Academy, an outdoor sporting facility on 140 acres complete with 30-stations, wing shooting, a spacious lodge, and fly fishing. Nemacolin Woodlands Resort offers guests so many options that it is often referred to as 2,000 acre resort playground! Visit www.nemacolin.com for a complete list of available activities.

Nemacolin Woodlands Resort
1001 Lafayette Drive
Farmington, PA 15437
Phone: 724-329-8555
Check-in: 4pm / Check-out: 11am

SWPONL Group Conference Room Rates
The Lodge: $175 Single/Double plus taxes
Chateau Lafayette: $205 Single/Double plus taxes
Reservations Phone: 1-800-422-2736
Group code: SWPONL

All reservations must be received by July 30, 2018 to ensure you get the discounted rate. The special conference rate and room availability cannot be guaranteed after the July 30, 2018 cut-off date.

Special Offerings for SWPONL Conference Attendees
- Group room rate extended 3 days prior / 3 days after the conference for SWPONL attendees.
- Waived resort fee for SWPONL Conference attendees.
- Discount of 10% on activities for all SWPONL conference attendees - must be pre-planned to take advantage of this discount by calling 1-866-344-6957.
- Complimentary WiFi access in the meeting rooms and in the guest rooms.

Resort Deadlines / Refunds
No refunds can be made for hotel cancellations made after August 1, 2018 or for no-shows.
Thank You to the 2018 SWPONL Officers & Board of Directors

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